

8

Resources

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Bibliography for Pedestrian Advocates

Books about grassroots non-profit organizations

Grassroots and Nonprofit Leadership: A Guide for Organizations in Changing Times
Berit Lakey, George Lakey, Rod Napier, Janice Robinson; New Society Publishers,
Philadelphia PA, 1995 (published in cooperation with the Center for Change)

Guidebook for Directors of Nonprofit Corporations
George W. Overton, Editor; published by the Section of Business Law, American Bar
Association, 1993

Fundraising for Social Change
3rd ed., rev. and expanded, Kim Klein, Inverness, CA : Chardon Press, c1994.

Grassroots Grants: An Activist's Guide to Proposal Writing
Andy Robinson; Chardon Press, Berkeley, 1996.

*Corporate Lifecycles: How and Why Corporations Grow and Die and What to Do
About It*
Ichak Adizes; Prentice Hall, 1988.

Books about getting the word out:

News for A Change : An Advocates Guide To Working With the Media
Lawrence Wallack, Lori Dorfman, Katie Woodruff, Iris Diaz; Sage Publications.
(www.sagepub.com), 1999.

Do-It-Yourself publicity
Ramacitti, David F.; American Management Association, New York, N.Y., c1990

Books about walking:

The Magic of Walking (Revised Edition)
Sussman, Aaron and Goode, Ruth;

Wanderlust: A History of Walking
Rebecca Solnit

Walking: The Complete Guide to the Complete Exercise
Casey Meyers, 1992

Books about cities, streetscapes, traffic calming and transportation reform:

The Death and Life of Great American Cities

Jane Jacobs

A Pattern Language

Christopher Alexander

Granite Garden

Anne Spirn

Livable Streets

Don Appleyard

People Places: Design Guidelines for Urban Open Space

Clare Cooper-Marcus

Life Between Buildings

Jan Gehl

New City Spaces

Jan Gehl and Lars Gemzøe

A Theory of Good Urban Form

Kevin Lynch

Public Streets for Public Use

Anne Vernez Moudon (ed.), , New York: Van Nostrand Reinhold, 1987. Paperback edition, Columbia University Press, Morningside Books, 1991.

The Next American Metropolis

Peter Calthorpe

Divorce Your Car

Katie Alvord

Home from Nowhere

James Howard Kunstler

The Pedestrian Revolution

Breines & Dean, 1974

Reclaiming Our Cities and Towns: Better Living with Less Traffic

David Engwicht

CYBERSPACE FOR PEDESTRIANS

Selected links on the Internet, by category

Accessibility for Everyone

The Access Board

The Access Board is an independent Federal agency devoted to accessibility for people with disabilities. Key responsibilities of the Board include developing and maintaining accessibility requirements for the built environment, transit vehicles, telecommunications equipment, and for electronic and information technology; providing technical assistance and training on these guidelines and standards; and enforcing accessibility standards for federally funded facilities. The latest recommendations for accessibility in the public right-of-way are available [here](#).
<http://www.access-board.gov/>

Advocacy

Living Streets

Living Streets is a major new campaign of The Pedestrians Association of the U.K. The Pedestrians Association (PA) has since 1929 been the driving force behind much road safety regulation in the U.K. and many schemes such as the Walk to School campaign, Home Zones and pedestrianised areas.
<http://www.livingstreets.org/>

The National Center for Bicycling and Walking

The National Center for Bicycling and Walking's Internet Resource Center is an electronic information center for bicycle and pedestrian advocates, practitioners, public officials and interested citizens.
<http://www.bikefed.org/>

International Walk to School Day

Tuesday, October 2, 2001, will be the second International Walk to School Day and year 5 for National Walk Our Children to School Day. Find out how your community can join the fun.
<http://www.iwalktoschool.org/>

Partnership for a Walkable America, a national coalition of government agencies and industry interests.
<http://www.nsc.org/walkable.htm>

The Pedestrian Council of Australia

The Pedestrian Council of Australia Limited is an Incorporated (Public) Company, limited by guarantee. Its objectives are the continual improvement of pedestrian

safety, amenity and access; the promotion of walking as a legitimate transport mode and an important, healthy, social activity; the encouragement of the inclusion of pedestrian safety, amenity and access provisions in all urban and transport planning; the enhancement of community health and welfare; and research into all the above.

<http://www.walk.com.au>

PedNet, the internet mailing list on pedestrian issues, is a joint project of Ottawalk and the Willamette Pedestrian Coalition. Participants include pedestrian advocates, planners and professionals from around the world.

<http://www.flora.org/pednet>

Perils for Pedestrians Television

For the best web links to every site relating to pedestrians!

<http://www.pedestrians.org>

Carfree Living

Car Busters

Car Busters was born at the 1997 Towards Car Free Cities Conference when this international movement came together for the first time—to discuss, to fuse, to experience and take action. Car Busters was launched to help to unite, build and maintain the international car-free movement, and to inform, motivate, publicise and empower all groups and individuals fighting against the car's dominance and destructiveness. Projects include the quarterly *Car Busters Magazine*, the monthly *Car Busters Email Bulletin* and the provision of information and resources through the *Car Busters Resource Centre*. In addition, they promote *World Car Free Days*.

<http://www.carbusters.org>

Carfree Cities

Carfree.com is the website that goes with the book. *Carfree Cities* proposes a delightful solution to the vexing problem of urban automobiles.

<http://www.carfree.com/>

World Carshare Consortium

Carsharing is sweeping the world. This site provides up-to-date links to carsharing organizations everywhere. Find out how you can ditch your car without being disenfranchised.

<http://www.ecoplan.org/carshare/>

Tools and Information

Community Works Skills Manual

Regan McClure, together with the Community Bicycle Network of Toronto, has developed a free, public-domain on-line manual for transportation reform activists. Much of this material has been tested in workshops and handout forms. Yes, it's got that Canadian flavor, but most of it translates well. (America Walks has borrowed several chapters for inclusion in our [Toolbox for Pedestrian Advocates](#).) The Skills Manual is also available in hard copy.
<http://www.connection.com/~regan/tableof.htm>

Kids Walk to School

The Division of Nutrition and Physical Activity at the Centers for Disease Control and Prevention (CDC) has developed a program guide to encourage children to walk or bike to and from school in groups accompanied by adults. "KidsWalk-to-School" is a community-based program that aims to increase opportunities for daily physical activity among children by promoting human-powered alternatives for getting to and from school. You can obtain copies of the guide by downloading it from the KidsWalk-to-School web page at <http://www.cdc.gov/nccdphp/dnpa/kidswalk/>, e-mailing a request for up to 25 copies to cdcinfo@cdc.gov or calling 1-800-CDC-4NRG.

Local Government Commission

A nonprofit, nonpartisan, membership organization, the LGC comprises forward-thinking elected officials, city and county staff, and other interested individuals. The LGC provides a forum and technical assistance to enhance the ability of local governments to create and sustain healthy environments, healthy economies, and social equity. They have published a number of documents of interest to pedestrian advocates, including [Street Design Guidelines for Healthy Neighborhoods](#).
<http://www.lgc.org/>

NHTSA Resource Guide on Laws Related to Pedestrian and Bicycle Safety

Now available for download is this resource guide from the National Highway Traffic Safety Administration on laws related to pedestrian and bicycle safety. The guide contains a compilation of vehicle and traffic laws that were judged by the guide's developers to have the potential to affect pedestrian or bicycle safety, either positively or negatively.
<http://www.nhtsa.dot.gov/people/injury/pedbimot/ped/resourceguide/index.html>

The Pedestrian and Bicycle Information Center

PBIC provides communities information and resources to create safe places for bicycling and walking and to promote healthy lifestyles and neighborhoods through increased bicycling and walking.
<http://www.walkinginfo.org/>

STPP, the Surface Transportation Policy Project, maintains a site with a ton of good information for all transportation reformers. Check out their Mean Streets report, or the report on pedestrian facilities in California, "Dangerous by Design."
<http://www.transact.org>

Victoria Transport Policy Institute

The Victoria Transport Policy Institute is an independent research organization dedicated to developing innovative and practical solutions to transportation problems. They provide a variety of resources available free at this website to help address the challenges of effective transportation planning and policy analysis.

<http://vtpi.org/>

Walkable Communities, Inc.

Walkable Communities, Inc. is a non-profit corporation organized for the express purposes of helping communities, whether they are large cities or small towns, neighborhoods or subdivisions, become more walkable and pedestrian friendly. In addition to presentations and trainings by Dan Burden, the organization also provides a small inventory of publications, video tapes and slide sets and photo CDs to assist in further educating people interested in the related issues of community planning and zoning, traffic calming, street and intersection design, specific bicycle and pedestrian facility design, ADA requirements and public involvement processes.

<http://www.walkable.org/>

The Walkable Places Project

If you are looking for community assessment tools to measure barriers to walking, the Walkable Places Project specializes in walkability evaluations for community design improvements. Whether you represent a state agency, a local non-profit, or your neighborhood . . . if community design, pedestrian safety or active living interest you then consider our collaborative and sensitive approach to walkability and community design improvement.

<http://walkableplaces.com/>

Western Australia Planning's "Liveable Neighbourhoods"

The *Liveable Neighbourhoods* policy has been introduced to provide an alternative approach to the design of towns and neighborhoods, and aims to achieve compact, well connected, safer and more vibrant urban communities. You can download two excellent PDF documents here.

<http://www.planning.wa.gov.au/udmp/liveable.html>

Walking as an Activity

Walking with Wendy Bumgardner

Want the basics of how to walk? Let Wendy give you some tips.

<http://walking.about.com/sports/walking/>

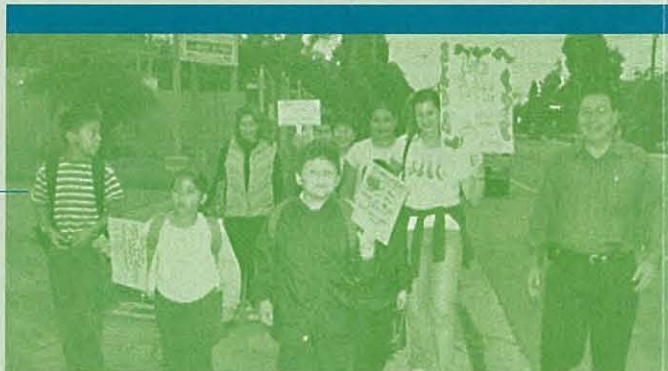
A Few Acronyms

AAADT	Average Annual Daily Traffic	DU	Dwelling Unit
AASHTO	American Association of State Highway & Transportation Officials	DUA	Dwelling Units per Acre
ACE	Active Community Environments	ED	Enumeration District
ACP	Asphalt Concrete Paving (Asphalt surfacing)	EDC	Economic Development Council
ADA	Americans with Disabilities Act	E&H	Elderly and Handicapped
ADAAG	ADA Accessibility Guidelines	EIS	Environmental Impact Statement
ADT	Average Daily Traffic	EPA	Environmental Protection Agency
APBP	Association of Pedestrian and Bicycle Professionals	ESD	Educational Services District
APF	Aquifer Protection Area Funding	FAA	Federal Aviation Administration
APTS	Advanced Public Transportation Funding	FAI	Federal Aid/Interstate
ATIS	Advanced Traveler Information System	FAM	Federal Aid/Municipal
AWDT	Average Weekly Daily Traffic	FAME	Freeway and Arterial Management Effort
AWDVTE	Average Weekly Daily Vehicle Trip Equivalent	FAP	Federal Aid/Primary System
BRF	Bridge Replacement Federal	FCR	Facility Control Record
BRM	Bridge Replacement Metropolitan Area	FGTS	Freight and Goods Transportation System
BRP	Bridge Replacement on the Primary System	FHWA	Federal Highway Administration
BRS	Bridge Replacement on the Secondary System	FIRE	Fire, Insurance, Real Estate
BST	Bituminous Surface Treatment	FTA	Federal Transit Administration
CAA	Clean Air Act of 1970	FWR	Facility Work Request
CAAA	Clean Air Acts Amendments of 1990	GBF/DIME	Geographic Base File/Dual Independent Map Encoding
CAL3QHC	Air Quality Modeling Software for Intersection Analysis	GCPF	Grade Crossing Protection Fund
CAP	Clean Air Program	GIS	Geographic Information System
CB	Census Block	GMA	Growth Management Area
CBD	Central Business District	GPS	Global Positioning System
CDBG	Community Development Block Grant	HAR	Highway Advisory Radio
CDC	Centers for Disease Control and Prevention	HC	Hydrocarbons
CDF	Community Development Funds	HCM	Highway Capacity Manual
CDF	Confined Disposal Facilities	HCTS	High Capacity Transportation Study
CDF	Controlled Density Fill	HES	Hazard Elimination Safety Program
CMA	Congestion Management Agency	HOV	High Occupancy Vehicle
CMAQ	Congestion Mitigation/Air Quality (ISTEA Funds)	HPMS	Highway Performance Monitoring System
CMS	Congestion Management System (ISTEA Program)	HU	Housing Unit
CO	Carbon Monoxide	I/C	Interchange
CO2	Carbon Dioxide	IDT	Interdisciplinary Team
CRAB	County Road Administrative Board	IMS	Intermodal Management System
CT	Census Tract	ISTEA	Intermodal Surface Transportation Efficiency Act of 1991
CTR	Commute Trip Reduction	ITE	Institute of Transportation Engineers
DEIS	Draft Environmental Impact Statement	IVHS	Intelligent Vehicle Highway System
DOE	Department of Ecology	LOS	Level of Service
DOT	Department of Transportation	LRT	Light Rail Transit
		LTC	Legislative Transportation Committee
		LU	Land Use
		MAB	Metropolitan Area Boundary
		MFDU	Multi-Family Dwelling Unit

MOBILE5a	Regional Air Quality Modeling Software (For Emissions Analysis)	SEIS	Supplemental Environmental Impact Statement
MoP	Measure of Performance	SEPA	State Environmental Policy Act
MP	Milepost	SFDU	Single Occupancy Dwelling Unit
MPO	Metropolitan Planning Organization	SIC	Standard Industrial Classification
MSA	Metropolitan Statistical Area	SIP	State Implementation Plan (for Air Quality)
MVET	Motor Vehicle Excise Tax	SOV	Single Occupancy Vehicle
MVT	Motor Vehicle Trips	SR	State Route
NAAQS	National Ambient Air Quality Standards	STF	Summary Tape File (Provided by the Census Bureau)
NCAP	Intersection Modeling Software (For Level of Service Analysis)	STIP	Statewide Transportation Improvement Program
NCBW	National Center for Bicycling and Walking	STP	Surface Transportation Program (Funding through TEA 21)
NCHRP	National Cooperative Highway Research Program	STPP	Surface Transportation Policy Project
NEPA	National Environmental Policy Act	TAZ	Transportation Analysis Zone
NHTSA	National Highway Traffic Safety Administration	TC	Transportation Community
NHS	National Highway System	TCM	Transportation Control Measure
O ₂	Ozone	TDM	Transportation Demand Management
O/D	Origin-Destination (Survey or Zone) (in trip forecasting)	TEA 21	Transportation Equity Act for the 21st Century
O'XING	Overcrossing	TIGER	Topological Integrated Geographic Encoding/Referencing (mapping)
P&A	Production and Attraction (in trip forecasting)	TIP	Transportation Improvement Program
PBIC	Pedestrian and Bicycle Information Center	TM2	TModel 2: Modeling Software (For Transportation Analysis)
PCCP	Portland Cement Concrete Paving (Cement surfacing)	TMA	Transportation Management Areas
PLSS	Public Land Survey System	TMA	Transportation Management Association
PM-10	Particulate Matter-10 Microns	TMP	Transit Monitoring Program
PMS	Pavement Management Systems	TMS	Traffic Management System
PPM	Parts Per Million	TRB	Transportation Research Board
PS/E	Plans, Specifications, and Estimate	TSM	Transportation System Management
PTBA	Public Transportation Benefit Area	TSP	Total Suspended Particulates
PTMS	Public Transportation Management System	TSP	Transportation System Plan
RACM	Reasonable Available Control Measures	UAB	Urban Area Boundary
RACT	Reasonable Available Control Technology	UPWP	Unified Planning Work Program
RAP	Rural Arterial Program	URISA	Urban & Regional Information Systems Association
RES	Real Estate Services	USDOE	United States Department of Ecology
RFP	Request for Proposals	USDOT	United States Department of Transportation
ROC	Record of Competition	V/C	Volume to Capacity Ratio
ROW	Right of Way	VMT	Vehicle Miles of Travel
RRP	Railroad Protection Fund		
RRS	Railroad Safety		
RTC	Rails-to-Trails Conservancy		
RTS	Rapid Transit Services		
RTP	Regional Transportation Plan		
S9	System 9-GIS Software		
SC&DI	Surveillance Control and Driver Information		
SEE	Social, Economic, and Environmental (Effects)		

2005 highlights

Main Street Reborn In 2001, **WalkSanDiego** introduced the Bird Rock Community Council to the concept of traffic calming as a way to revitalize its speed-plagued, rundown main street, La Jolla Boulevard. Later that year, we co-hosted (with SANDAG) a two-day Traffic Calming Training led by visiting national expert, Dan Burden. This meeting ultimately led to the **Bird Rock Traffic Calming Project**, a series of roundabouts, crosswalks, planted medians, landscaping, and bicycle lanes nationally recognized as a model for Main Street revitalization. Since the project's completion in 2005, millions of dollars have been poured into revitalizing storefronts and constructing new condominiums, offices, and retail buildings. Vehicle speeds have been reduced from 50 to 20mph, and walkers and bicyclists abound.



Training Traffic Engineers and Planners **WalkSanDiego** is committed to expanding the understanding and imagination of those responsible for designing local street networks in order to eliminate the need to later advocate expensive safety corrections resulting from flawed or uninspired designs. With a grant from the USDA Nutrition Network, we sponsored a one-day training session led by renowned pedestrian/bicycle design expert Michael Ronkin of the Oregon Department of Transportation. The training was attended by 70 traffic engineers and planners from around the region, and was co-sponsored by SANDAG and the San Diego Chapter of the Institute of Transportation Engineers. Evaluations indicated the training met or exceeded the expectations of 93% of attendees.

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WalkSan Diego has grown into a respected authority on walkable communities. What's really exciting is you've made this an issue all over the county."

—TOM ROMSTADT, COMMUNITY DEVELOPMENT SPECIALIST, CITY OF SAN DIEGO

golden footprint awards

GOLDEN FOOTPRINTS AWARDS

Each year we honor groups and individuals who, through their extraordinary efforts and dedication, have positively affected the walkability of communities in the San Diego region.

2005 AWARD WINNERS

GOVERNMENT AGENCY

Centre City Development Corporation (CCDC) The CCDC won for its many pedestrian friendly streets and buildings throughout Downtown San Diego.

HONORABLE MENTION

Bureau of Customs and Border Protection The Customs Bureau was honored for its SENTRI (Secure Electronic Network for Travelers Rapid Inspection) Program, which provides rapid processing for pedestrians frequently crossing the U.S.-Mexican border.

PROGRAM/PROJECT

Downtown Encinitas Main Street Association (DEMA) and the City of Encinitas DEMA and the City of Encinitas were recognized for rebuilding a portion of Pacific Coast Highway-101, the city's traditional main street.

NONPROFIT

Euclid Avenue Revitalization Action Program Committee The Committee was recognized for its many efforts to improve walking in the Euclid area of San Diego, including a pedestrian-friendly gateway enhancement on University Avenue.

INDIVIDUAL

Richard Beas Mr. Beas won for his multi-year efforts—so far unsuccessful—to convince the City of San Marcos to provide a crosswalk and flashing light system on a busy street crossed by most employees of his company.

2005 INCOME AND EXPENSES

Income

Consulting Revenue	\$17,675
Donations	676
Grants	68,885
In-Kind Contributions	87,193
Members Dues	3,770
Sales of Publications	416
Special Events	930
Total Income	179,545

Expenses

Bank Service Charges
Community Events
Conference Attendance
Consulting Fees
Dues and Subscriptions
Equipment Purchases
In-Kind Services
Meeting Food
Postage
Printing
Public Education
Supplies
Travel
Website
Total Expenses

Income History



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